

Benefits & Effects of REIKI:

Balancing
Calming
Connective
Contentment
Energizing
Harmonizing
Meditative
Oxygenating
Pain-Relieving
Relaxing
Remedial
Reparative
Restorative
Serenity
Soothing
Tranquility

How does REIKI really FEEL?

*Like waves...powerful...a rush of tingling...
rejuvenating...like light...I felt numb...I
couldn't feel my body...It was as if I was
floating...felt so comfortable I went to
sleep... as if in a trance... like I was
embraced by a cloud...energizing...
glistening...my pain was gone...my chest
feels clearer...I feel so relaxed... it was too
short... a pure connection to Spirit...*



REIKI (ENERGY) SESSIONS
and TRAINING for Every Body



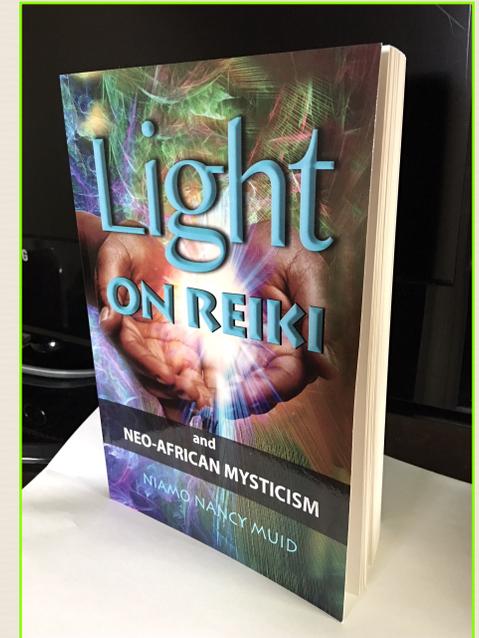
All energy services are held at
THE SANCTUARY IN UNION
2167 Kay Ave., Union, NJ 07083

(201) 966-1170

<http://TheHealMobile.com>



REIKI WITH NIAMO



*Book, Sessions and Training
by Niamo Nancy Muid*





REIKI TRAINING TAKE-AWAYS

R.equired tools for self-healing and supporting others will be delivered and understood. The text, LIGHT ON REIKI and informative one-of-kind handouts will be used.

E.vidence of and expertise in raising your Trust-in-Spirit quotient.

I.nspiration to chart a life of service and connection to Spirit and people.

K.nowledge-base of traditional energy work and cultural topics bearing of treatment of others.

I.nner-standing and metaphysical guidance based on heritage, environment, and more.

For Appointments

Call or Text (201) 966-1170

or visit

TheHealMobile.com



WHAT IS REIKI?

Reconnection

Embodiment

Inner Peace

Kindness

Interactive Self-Healing

IF YOU WANT TO BE...

- R**adiant
- E**nergetic
- I**ncredible
- K**issable
- I**rresistible

...in a word, **HEALTHY**, learn **REIKI**.



LEARN TO FEEL THE ENERGY...

- R**eclaim joy, fun, and feeling loved
- E**xpand boundaries; discover essence
- I**magine and manifest, believe and become
- K**eep your old self as the star in *your* movie
- I**nvest in *letting go* to FEEL *letting God!*



REIKI 1&2 TRAINING IS*...

- R**elaxed in dining or living room; *sharing, teaching, learning*
- E**xercises and practice, confirming hands-on and hands off life force
- I**ntensive participation for testing and feedback
- K**inesthetic balancing of your spheres, rhythm and energy signature
- I**nitation to life-long friendships crossing all markers of humanity

*Training is ATTUNEMENT to Reiki (Universal Life Force/Spiritual Healing Energy) and results in certification as a practitioner.